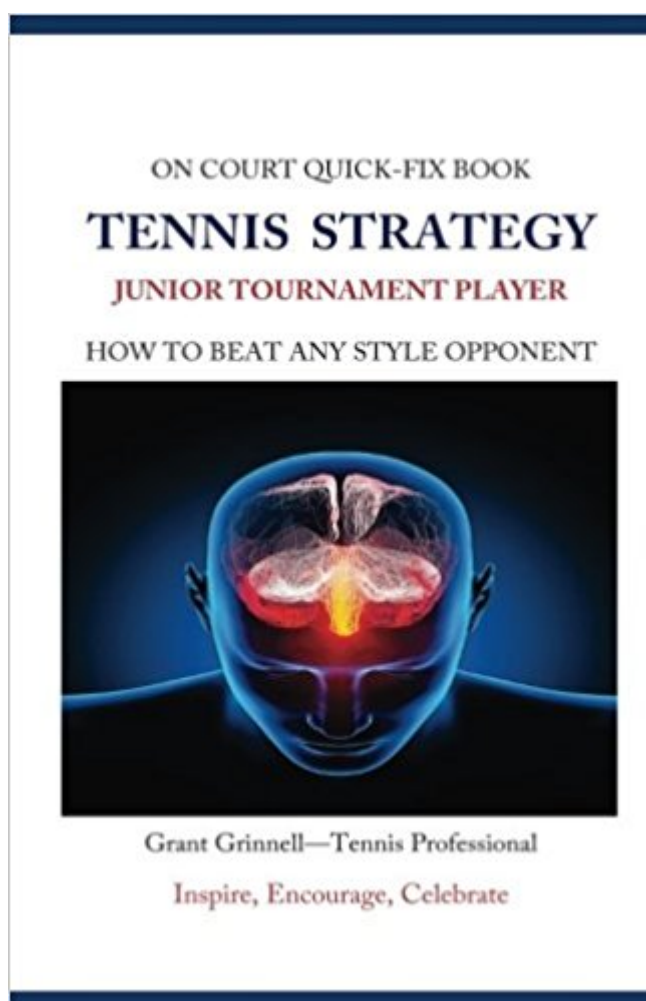


The book was found

Tennis Strategy For Junior Tournament Players: How To Beat Any Style Opponent - Quick-Fix Book



Synopsis

This (quick-fix) book anticipates and addresses all the challenges junior tournament players will face from gaining the right perspectives, to defining their journey, to co-creating their goals, to coping with the nerves and pressures of match play. The tips are pointed, cut right to the chase, are simplified in layman's terms, and summarized into powerful bullet point sections for (instant) access. The book includes a singles (blue print to win) which simply defines winning patterns of play using statistical information from match play analytics. The blueprint is an essential reference and guide for all level junior tournament players who want to dramatically increase their winning percentage. In addition, the book provides potent tactics for how to beat any style player including, Singles: how to beat a big server, a great returner, aggressive baseliner, pusher, counter-puncher, hacker-slicer, and all-court player. Doubles: how to beat big serving teams, great returning teams, teams that control the net, one up one back teams, poaching teams, lobbing teams, and teams with one hot player. The mental toughness section clearly pinpoints the precise philosophies, attitudes and mindsets necessary for junior players to consistently play up to and (stretch) the upper limits of their ability. Overall, this (quick-fix) book is designed to save time, help kids improve at a faster rate, reduce match play nerves and pressure, and give them the instantaneous tactical wisdom to consistently win.

Book Information

Paperback: 74 pages

Publisher: CreateSpace Independent Publishing Platform (May 2, 2016)

Language: English

ISBN-10: 1533014914

ISBN-13: 978-1533014917

Product Dimensions: 5.1 x 0.2 x 7.8 inches

Shipping Weight: 4.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #833,279 in Books (See Top 100 in Books) #49 in Books > Sports & Outdoors > Coaching > Tennis #254 in Books > Sports & Outdoors > Individual Sports > Tennis #300 in Books > Sports & Outdoors > Racket Sports

Customer Reviews

Grant Grinnell is a USPTA certified tennis professional with over 38 years coaching, 55,000 hours on-court experience, years of seeking uncommon knowledge, and decades of creating the most

(efficient and effective) methods to help students find their best fast.

Tennis is a tough game. Players take innumerable lessons, practice hard and yet only one person walks away from a tournament a winner. To juniors, this can be an especially hard lesson. Grant's philosophy is invaluable helping my juniors take pride in their tournament performance. It has taken an enormous amount of pressure off them so they are free to perform at their best and they enjoy tennis now more than ever. A must read for any young tournament players!

[Download to continue reading...](#)

Tennis Strategy for Junior Tournament Players: How to Beat Any Style Opponent - Quick-Fix Book
Tennis Strategy for Junior Tournament Players - Quick Fix Book: How to Beat Any Style Opponent
Tennis Strategy: How To Beat Any Style Player - Quick-Fix Book Tennis Strategy- Quick-Fix Book:
How to Beat Any Style Player How to Play Tennis: The Complete Guide to the Rules of Tennis,
Tennis Scoring, Tennis Grips and Strokes, and Tennis Tips for Singles & Doubles Tennis: Top 5
Strategies How to win more matches, How to Play Tennis, Killer doubles, Tennis the Ultimate guide
(Tennis Strategies How to win more matches Book 1) 101 Tennis Tips From A World Class Coach
VOLUME 1: A Common Sense Approach to Tennis (101 Tennis Tips From A World Class Tennis
Coach) Singles Strategy - Quick-Fix Book: High Percentage Tennis Secrets of Professional
Tournament Poker, Volume 2: Stages of the Tournament Winning Singles Strategy for Recreational
Tennis Players: 140 Tips and Tactics for Transforming Your Game Winning Doubles Strategy for
Recreational Tennis Players: Tips and Tactics to Transform Your Game Winning Doubles Strategy
for Recreational Tennis Players Chess: Conquer your Friends with 8 Easy Principles: Chess
Strategy for Casual Players and Post-Beginners (The Skill Artist's Guide - Chess Strategy, Chess
Books Book 1) Quick Fix Yoga 2017 Day-to-Day Calendar: Any Time Stress Relief Singles Strategy:
Blueprint to Win - Quick-Fix Book The Tennis Drill Book (Tennis Drill Book, Paper) International
Book of Tennis Drills: Over 100 Skill-Specific Drills Adopted by Tennis Professionals Worldwide
Tennis The U.S. Open 2018 Wall Calendar: The Official Calendar of the United States Tennis
Association Tennis For The Rest Of Us: A Practical Guide For The New, Nearly New, Newly
Frustrated Or Nearly Discouraged Tennis Player Tennis The U.S. Open 2017 Wall Calendar: The
Official Calendar of The United States Tennis Association

Contact Us

DMCA

Privacy

FAQ & Help